



# Forgotten Coast TV - Program Guide

## Channel 3 Mediacom and Channel 9 St. George Cable

*This 12-hour schedule repeats from midnight to 12 noon, EXCEPT MON evening*

# Your Local Community Channel

March 5, 2010

P. O. Box 848, Apalachicola, FL 32329

[www.forgottencoasttv.com](http://www.forgottencoasttv.com)

*This 12-hour schedule repeats from midnight to 12 noon, EXCEPT MON evening*

	FRIDAY March 5	SATURDAY March 6	SUNDAY March 7	MONDAY March 8	TUESDAY March 9	WEDNESDAY March 10	THURSDAY March 11	
12:00 am/pm	Community Calendar	Community Calendar	Community Calendar	Community Calendar	Community Calendar	Community Calendar	Community Calendar	12:00
12:15 am/pm	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	12:15
12:30 am/pm	New! Buy Foreclosures	New! Buy Foreclosures	New! Buy Foreclosures	New! Buy Foreclosures	New! Buy Foreclosures	New! Buy Foreclosures	New! Buy Foreclosures	12:30
12:45 am/pm	History - Cemetery Tour Pt. 4	History - St. Marks Lighthouse	History - Grand Old Homes Pt. 1	History - Crooked River Lighthouse	History - Living Landmarks	History - Cemetery Tour Pt. 1	History - Camp Gordon Johnston Pt. 2	12:45
1:00 am/pm	Dixie Does Nashville	Forgotten Coast Outdoors	Dixie Does Nashville	Forgotten Coast Outdoors	Higher Ground	Forgotten Coast Outdoors	Behind the Scenes of the	1:00
1:15 am/pm		Wakulla Springs		Dog Island Adventure		Estuary Walk	Apalachicola River Documentary	1:15
1:30 am/pm	Music on the Coast	Music on the Coast	Music on the Coast	Music on the Coast	Music on the Coast	Music on the Coast	Music on the Coast	1:30
1:45 am/pm	Cooking w/ Jerry - Crab Cakes	Cooking w/ Jerry - Grilled Shrimp	Cooking w/ Jerry - Oyster Stew	Cooking w/ Jerry - Fish Fry	Cooking w/ Jerry - Crab Cakes	Cooking w/ Jerry - Low Country Boil	Cooking w/ Jerry - Grouper Piccata	1:45
2:00 am/pm	Forgotten Coast Info	Forgotten Coast Info	Forgotten Coast Info	Forgotten Coast Info	Forgotten Coast Info	Forgotten Coast Info	Forgotten Coast Info	2:00
2:15 am/pm	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	2:15
2:30 am/pm								2:30
2:45 am/pm	Aquatic Visitors	Bear Cub Release	Working the Miles	A River's End	Crooked River Lighthouse	Aquatic Visitors	Bear Festival	2:45
3:00 am/pm	Forgotten Coast Outdoors	Carrabelle Riverfront Festival	Forgotten Coast Outdoors	Rib Cookoff	Forgotten Coast Outdoors	Unique Homes: Schoelles Home	Forgotten Coast Outdoors	3:00
3:15 am/pm	Red-Cockaded Woodpecker		Birding Apalachicola		Ivory-Billed Woodpecker		Highway 65 Adventure	3:15
3:30 am/pm	Shorelines Fishing Report	Shorelines Fishing Report	Shorelines Fishing Report	Shorelines Fishing Report	Shorelines Fishing Report	Shorelines Fishing Report	Shorelines Fishing Report	3:30
3:45 am/pm	Florida's Forgotten Coast	Florida's Forgotten Coast	Florida's Forgotten Coast	Florida's Forgotten Coast	Florida's Forgotten Coast	Florida's Forgotten Coast	Florida's Forgotten Coast	3:45
4:00 am/pm	Tourist Development Council:	Tourist Development Council:	Tourist Development Council:	Tourist Development Council:	Tourist Development Council:	Tourist Development Council:	Tourist Development Council:	4:00
4:15 am/pm	Seafood Heritage of Franklin County	Festivals & Events	Franklin County Visitor Centers	Seafood Heritage of Franklin County	Festivals & Events	Franklin County Visitor Centers	Seafood Heritage of Franklin County	4:15
4:30 am/pm	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	4:30
4:45 am/pm	Forgotten Coast Outdoors	Unique Homes: Schoelles Home	Forgotten Coast Outdoors	Carrabelle Riverfront Festival	Forgotten Coast Outdoors	Rib Cookoff	Forgotten Coast Outdoors	4:45
5:00 am/pm	Tates Hell Paddle		Hiking SGI		Turkey Talk - Sopchoppy		Tallahassee Museum	5:00
5:15 am/pm	Music on the Coast	Music on the Coast	Music on the Coast	Music on the Coast	Music on the Coast	Music on the Coast	Music on the Coast	5:15
5:30 am/pm	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	5:30
5:45 am/pm								5:45
6:00 am/pm	Community Calendar	Community Calendar	Community Calendar	Community Calendar	Community Calendar	Community Calendar	Community Calendar	6:00
6:15 am/pm	Bear Cub Release	Working the Miles	A River's End	Crooked River Lighthouse	Aquatic Visitors	Bear Festival	Bear Cub Release	6:15
6:30 am/pm	Apalachicola Maritime Museum	Apalachicola Maritime Museum	Apalachicola Maritime Museum	Apalachicola Maritime Museum	Apalachicola Maritime Museum	Apalachicola Maritime Museum	Apalachicola Maritime Museum	6:30
6:45 am/pm								6:45
7:00 am/pm	Shorelines Fishing Report	Shorelines Fishing Report	Shorelines Fishing Report	<b>Franklin County Commission</b>  <b>PRIME TIME GOVERNMENT MONDAY</b>  <b>7 pm to 11:30 pm</b> <i>repeats at 1:00 am Tues morning</i>	Shorelines Fishing Report	Shorelines Fishing Report	Shorelines Fishing Report	7:00
7:15 am/pm	Cooking w/ Jerry -Grouper Piccata	Cooking w/ Jerry - Low Country Boil	Cooking w/ Jerry - Crab Cakes		Cooking w/ Jerry - Fish Fry	Cooking w/ Jerry - Grilled Shrimp	Cooking w/ Jerry - Crab Cakes	7:15
7:30 am/pm	Seahawks Update	Seahawks Update	Seahawks Update		Seahawks Update	Seahawks Update	Seahawks Update	7:30
8:00 am/pm	Tourist Development Council:	Our Town: Apalachicola	Oyster Capitol		Living Waters	Forgotten Coast Outdoors:	Higher Ground	8:00
8:15 am/pm	Seafood Heritage of Franklin County				Dolphin Adventure	Rib Cookoff	Forgotten Coast Outdoors:	8:15
8:30 am/pm	Forgotten Coast Outdoors						Caesar Creek	8:30
8:45 am/pm	Apalachicola Bay		Bear Cub Release				8:45	
9:00 am/pm	Forgotten Coast Info	Forgotten Coast Info	Forgotten Coast Info	Forgotten Coast Info	Forgotten Coast Info	Forgotten Coast Info	Forgotten Coast Info	9:00
9:15 am/pm	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	Shopping, Places to Stay & Bldg. Serv.	9:15
9:30 am/pm	History - Crooked River Lighthouse	History - Cemetery Tour Pt. 2	History - Sidewalk Tales	History - Grand Old Homes Pt. 1	History - Cemetery Tour Pt. 3	History - St. Marks Lighthouse	History - St. Marks Lighthouse	9:30
9:45 am/pm	New! Buy Foreclosures	New! Buy Foreclosures	New! Buy Foreclosures	New! Buy Foreclosures	New! Buy Foreclosures	New! Buy Foreclosures	New! Buy Foreclosures	9:45
10:00 am/pm	Tourist Development Council:	Tourist Development Council:	Tourist Development Council:	Tourist Development Council:	Tourist Development Council:	Tourist Development Council:	Tourist Development Council:	10:00
	Franklin County Visitor Centers	Seafood Heritage of Franklin County	Festivals & Events	Seafood Heritage of Franklin County	Festivals & Events	Franklin County Visitor Centers	Franklin County Visitor Centers	
10:30 am/pm	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	Restaurants, Things to Do, Groceries & Gourmet & Professional Services	10:30
10:45 am/pm								10:45
11:00 am/pm	Unique Homes - Orman House	Unique Homes - Grand View; Ponciana	Unique Homes - Bay Manor	Unique Homes - Bay Cove Retreat	Unique Homes - Apalach Museum	Unique Homes - Lynnhaven	Unique Homes - Lynnhaven	11:00
11:15 am/pm	Florida's Forgotten Coast	Florida's Forgotten Coast	Florida's Forgotten Coast	Florida's Forgotten Coast	Florida's Forgotten Coast	Florida's Forgotten Coast	Florida's Forgotten Coast	11:15
11:30 am/pm	Community Heroes #1	Community Heroes #2	Community Heroes #3	Community Heroes #4	Community Heroes #1	Community Heroes #2	Community Heroes #2	11:30
11:45 am/pm	Bear Cub Release	Bear Cub Release	Bear Cub Release	Bear Cub Release	Bear Cub Release	Bear Cub Release	Bear Cub Release	11:45
	FRIDAY March 5	SATURDAY March 6	SUNDAY March 7	MONDAY March 8	TUESDAY March 9	WEDNESDAY March 10	THURSDAY March 11	



